## WHAT IS A MEMBER ASSISTANCE PROGRAM?

Through the Welfare Fund of Local One IATSE, participants are eligible for a wide range of services from the Member Assistance Program (MAP) administered by The Actors Fund. These services are designed to meet the unique needs of people who work in the entertainment industry.

The Member Assistance Program provides participants with free, confidential counseling services provided by licensed social workers. Clinicians assess the participant's needs, provide counseling and support and connect participants to the appropriate specialists and/or community resources. The MAP Program offers Work/ Life enrichment through free educational seminars and group counseling. To contact your Member Assistance Program call 212.221.7300 ext. 119

For emergencies only on evenings and weekends, call 212.621.7780

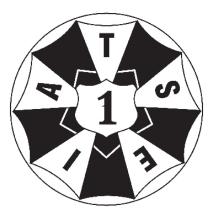
> The Actors Fund 729 Seventh Avenue 10th Floor New York, NY 10019

Al Hirschfeld Free Health Clinic 475 West 57th Street 4th Floor New York, NY 10019 212.489.1939

www.actorsfund.org

Since 1882, The Actors Fund has provided services and programs for entertainment professionals in times of need.

The Actors Fund, for everyone in entertainment.



## WELFARE FUND OF LOCAL ONE IATSE

MEMBER ASSISTANCE PROGRAM

Administered by The Actors Fund The Welfare Fund of Local One IATSE is committed to your health and well-being. Our Member Assistance Program (MAP) is here to confidentially help you and your family members get support and assistance when you need it.

**Counseling Services:** MAP social workers provide short-term counseling and support, identify member problems and, when appropriate, provide referrals to outside specialists and community agencies. Counseling can be done in person or by phone, if necessary.

Member Assistance Program social workers offer help with problems related to:

- Emotional
- Family
- Marital
- Stress
- Financial
- Substance abuse
- Workplace
- Senior Care
- Child Care

If outside specialists are necessary, MAP social workers will coordinate with Local One's insurance carrier to find in-network providers and services.

**Substance Abuse:** Personalized help and advocacy is available for you and your family members who are experiencing problems with alcohol or drugs. Our MAP social workers meet with you to do an assessment, develop a treatment plan, and help you negotiate the managed care insurance system to get the treatment you need. Support is provided throughout the recovery process. Government & Community Benefits:

Assessment and advocacy for public and other community benefits programs.

**Work Program:** Provides career counseling, training and employment services for obtaining sideline and second careers. The program also assists you when you are making the transition from Worker's Compensation or Disability to identify and obtain new work. To learn more about seeing a career counselor, call The Actors Fund Work Program at 212.354.5480.

**Legal Services:** Referrals to attorneys in private practice or sliding scale organizations for issues such as wills, landlord/tenant disputes, disability, family law and more.

**Work/Life Enrichment:** Workshops are provided <u>FREE of charge</u> on a variety of topics to support you in balancing work and personal life.

- Financial planning workshops on debt management & credit consolidation, managing medical debt, budgeting strategies, taxes and estate planning.
- Housing seminars to assist you in finding affordable housing, home buying, managing landlord/tenant disputes, and understanding tenant rights.
- Stress and time management
- Support groups that address various issues including addiction recovery, career transition and bereavement.

**Health Related Services:** Assistance on choosing and talking to health care providers, women's health issues, aging and health, smoking cessation, nutrition and exercise.

MAP social workers also provide information on wellness, patient rights and protections.

**Health Fairs:** Free screenings for cholesterol, blood pressure, skin cancer, glaucoma, flu vaccinations and more.

In the New York City area the **Al Hirschfeld Free Health Clinic** provides free health care to un-insured and under-insured entertainment professionals. Appointments can be made by calling 212.489.1939. The Clinic is located at 475 West 57th Street, 4th floor, on the corner of 10th Avenue.

The Health Insurance Resource Center is a comprehensive health insurance information and referral service. Through the internet at www.ahirc.org or over the phone, you can receive health insurance counseling.

Housing Services through The Actors Fund include:

**Housing Information & Referral Center** to assist working professionals in locating affordable housing.

You and your family are eligible for assisted living and skilled nursing through **The Lillian Booth Nursing Home and Assisted Living Care Facility** in Englewood, NJ.

Affordable housing at **The Aurora** residence in New York City provides shared apartments for working professionals, seniors and people living with HIV/AIDS. **The Schermerhorn** located in Brooklyn, NY offers small studio apartments for single adults.

**The Palm View** residence in West Hollywood provides housing for people living with HIV/AIDS.