

FINDING MEANINGFUL OPPORTUNITIES IN YOUR 60'S, 70'S AND BEYOND



UNPAID/VOLUNTEER OPPORTUNITIES

New York Cares partners with hundreds of nonprofits around New York City to match you with volunteer opportunities in all five boroughs.

newyorkcares.org/volunteer

AARP

Create the Good allows you to search for volunteer opportunities in your area.

createthegood.org/volunteer-search

The Community Service Society offers the Retired and Senior Volunteer Program matching volunteers who are 55 and older with nonprofit agencies throughout New York City.

cssny.org

UJA-Federation of New York's Engage Service Corps empowers Jews in their 50s and beyond to address the needs of the Jewish community in NYC.

Telephone:

Rabbi Brian Fink, 646.505.4408
or Susan Kranberg, 347.415.0943

jccmanhattan.org/social-responsibility/volunteer/engage

PAID EMPLOYMENT

The New York State Department for the Aging's Senior Employment Services (SESU) is a part of a federal program that trains and places adults 55 and older in jobs in data processing, administrative work, customer service, and other fields.

Telephone: 212.602.6958

www1.nyc.gov/site/dfta/services/senior-employment.page

New York City Senior Employment Services (SES) helps seniors prepare for and find work while paying them. SES will train and pay you to use computers, look for work, and write resumes.

Telephone: Call 311 and ask for the Senior Employment Services program

access.nyc.gov/programs/senior-employment-services-ses

Indeed is an online job search platform where you can search job postings using search terms geared toward "senior citizens" or "older adults."

indeed.com/q-Senior-Citizens-l-Manhattan,-NY-jobs.html

Workforce 50 has information and job postings for boomers and seniors.

workforce50.com

Seniors in Business

wise-seniorsinbusiness.com

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for everyone
in entertainment.**



This program is supported, in part, by public funds from the New York City Department of Cultural Affairs in Partnership with the City Council.

NYC Cultural Affairs

EDUCATION AND TRAINING

Hunter College Senior Citizen Auditors

Each semester Hunter College welcomes over 500 lifelong learners to the Hunter community. Individuals over 60 years of age can audit undergraduate courses at Hunter tuition-free on a space-available basis. Fall 2019 Registration opens at 9 am ONLINE on August 30th:

hunter.cuny.edu/admissions/admissions-information/senior-learners

Brooklyn Lifelong Learning at Brooklyn College is a year-round program where you can take as many courses as you want in literature, history, health, film and more with no exams or homework.

Telephone: 718.951.5647
bll@brooklyn.cuny.edu

brooklyn.cuny.edu/web/academics/centers/irpe.php

Senior Planet helps people, 60 and above, who were born before the digital revolution to stay active and engaged in digital technology. Sign up for courses at the NYC Senior Planet Exploration Center.

Telephone: 646.590.0615

seniorplanet.org/senior-planet-nyc-2/current-classes/

The Actors Fund Career Center offers career counseling and workshops for everyone in entertainment.

actorsfund.org/services-and-programs/career-center

Online courses through LinkedIn Learning or Skillshare allow you to expand your marketable skills:

LinkedIn Learning (formerly Lynda.com)
Free with NY Public Library Card

nypl.org/collections/articles-databases/lyndacom

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WELLNESS/EXERCISE

Dances for a Variable Population

dvpnyc.org/free-senior-programs-movement-speaks-and-dances-for-seniors/

NYC Parks nycgovparks.org/seniors

Silver Sneakers silversneakers.com/learn/classes/

YMCA

ymcanc.org/programs/health-fitness/group-fitness-classes/senior

ADDITIONAL RESOURCES

Encore encore.org

Next Avenue nextavenue.org

AARP

aarp.org/work/job-hunting/info-06-2009/job_search_resources.html

A FEW BOOKS, ETC.

Boomer Reinvention: How to Create Your Dream Career Over 50

Encore Career Handbook: How to Make a Living and a Difference in the Second Half of Life

Great Jobs for Everyone 50+: Finding Work That Keeps You Happy and Healthy and Pays the Bills

Unretirement: How Baby Boomers are Changing the Way We Think About Work, Community, and the Good Life

Robin Bobbe's
themodernagerblog.com/press

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